

HORÁRIO DE AULAS

INOVA BRAGANÇA

SEG	TER	QUA	QUI	SEX
◆ HITBOX 07:00-08:00 ◇ COACH CLASS 50+ 07:00-08:00 ◆ GAP 08:00-09:00 ◆ STEP 09:00-10:00 ◆ SPINNING 17:00-18:00 ◆ PILATES 18:00-19:00 ◇ CROSS T. 19:00-20:00	◆ GAP 09:00-10:00 ◆ PILATES 17:00-18:00 ◆ SPINNING 18:00-19:00 ◆ MUAY THAI 18:30-19:30	◆ SPINNING 06:00-07:00 ◆ PILATES 07:00-08:00 ◆ HITBOX 09:00-10:00 ◆ SPINNING 17:00-18:00 ◆ PILATES 18:00-19:00 ◆ MUAY THAI 18:30-19:30 ◇ CROSS T. 19:00-20:00	◆ STEP 09:00-10:00 ◇ COACH CLASS 50+ 15:00-16:00 ◆ PILATES 17:00-18:00 ◆ SPINNING 18:00-19:00 ◆ MUAY THAI 18:30-19:30	◆ SPINNING 06:00-07:00 ◆ PILATES 07:00-08:00 ◇ FUNCIONAL 07:00-08:00 ◆ STEP 08:00-09:00 ◆ GAP 09:00-10:00 ◆ PILATES 18:00-19:00 ◇ CROSS T. 19:00-20:00

*AULAS DE SÁBADO SOB ESCALA ROTATIVA

*AULAS DE SPINNING, STEP E JUMP, NECESSÁRIO RETIRADA DE SENHA NA RECEPÇÃO

◇ STUDIO HIIT
◆ STUDIO MAXX

◆ PROF^a RIVA
◆ PROF^a MARIA
◆ PROF^o LUCAS
◆ PROF^o OSCAR

UNIDADE BRAGANÇA