

HORÁRIO DE AULAS

INOVA PARKCITY SUMARÉ

SEG	TER	QUA	QUI	SEX
PILATES 14:00 ◆	BIKE 07:30 ◆	PILATES 14:00 ◆	BIKE 07:30 ◆	BIKE 15:00 ◆
BIKE 15:00 ◆	PILATES 08:30 ◆	BIKE 15:00 ◆	PILATES 08:30 ◆	FITDANCE 18:30 ◆
PILATES 17:30 ◆	GLÚTEO 14:00 ◆	PILATES 17:30 ◆	GLÚTEO 14:00 ◆	
BIKE 18:15 ◆	BIKE 15:00 ◆	BIKE 18:15 ◆	BIKE 15:00 ◆	
FITDANCE 20:00 ◆		FITDANCE 20:00 ◆		

◆ PROFº KAUE ◆ PROFº JOECIO ◆ PROFº FLÁVIA

UNIDADE SUMARÉ